### **Sunrise Christian Food Ministry**

#### **NEWSLETTER**

## NEW SENIORS PROGRAM

We have recently opened up our first hour of service to seniors only. We provide food items tailored to the needs of the senior population. If someone is able to drive, all they have to do is show up and the food will be placed directly into their vehicles, and is provided at no cost. This way, if someone has difficulty with mobility or lifting heavier items, volunteers are there to transfer the food for them.





- Canned Fruits
- Canned Beans
- Canned Vegetables
- Canned Soups / Stews
- Canned Meats & Fish
- Canned Tomatoes
- Pasta Tomato Sauce
- 1 lb. bags Pasta
- Ramen Noodles
- Box'd Cereals/ Oatmeal
- Bottled Peanut Butter
- 1-2 lb. Bags of Rice
- 1-2 lb. Bags Dried Beans
- Fresh Fruits / Vegetables

When collecting food donations to be delivered to the Food Closet, we ask that you only gather items that you would eat yourself. Please check that items are unopened and still within their "Use Before" date. Avoid glass jars and steer clear of perishable items.

### VOLUNTEER WITH US

Talk to us about how you can help or check our volunteer website



#### DONATE

Help fill the gap for families facing hunger.





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### NEW PARTNERSHIP WITH 211, UNITED WAY & RIDE UNITED

This program allows us to deliver food boxes, within a 10-mile radius, to home bound seniors with the assistance of Door Dash. Since 2023 we have lovingly packed and delivered over 200 fresh food boxes to seniors in need. For many of these seniors this was the first time they had requested and received food assistance from our ministry. Based on the glowing reviews and positive feedback we have received, it likely will not be the last.

## Celebrating 40 Years

2023 marked 40 years for the Sunrise Christian Food Ministry and with it brought lots of exciting change and growth. In November we gathered in gratitude to celebrate this joyous milestone. It was a beautiful time of sharing and community.



#### **COMMUNITY FOOD DRIVE**

The LDS Church collected 2000 lbs. of nonperishable food and homeless supplies at the Community Food Drive they hosted at the food closet last weekend. In addition to volunteers from the LDS Church, we had two other service groups that came out to pitch in. Students from the California Northstate University Service Learning class worked alongside the LDS Church to help weight, sort, and stack donations as they came in. Volunteers from both of these organizations also were able to pack nearly 8 pallets of canned food bags, enough to last an entire week of distributions. Rock Harbor Church High School youth group focused on the outside of the food closet and pulled weeds, raked leaves, and completed long overdue tasks during their Op Serve Day in preparation for their upcoming mission trip to Mexicali, Mexico for Rock Harbor's annual trip to visit an orphanage where students will host a weeklong VBS and participate in a variety of construction projects. During the 3-hour Op Serve event at the food closet, the team filled 50 bags with weeds, leaves, and garbage collected throughout the church grounds.

Thank you to these amazing groups for a fantastic day of service!

# SOCK DRIVE FOR THE HOMELESS

Sunrise Christian Food Ministry will once again partner with Snack Man for his annual <u>Sock Drive for the Homeless</u>.

Every year for the month of March, to celebrate his birthday, Snack Man, Alfred Sanchez collects socks. The socks that are donated will be given out to the homeless along with snack bags, throughout the year. The food closet along with our local Grocery Outlet serve as dropoff locations for anyone wishing to donate. Sock donations can be left at the check-in trailer in the lower parking lot or up top, in the office. Every year Snack Man sets a goal to surpass the previous year. This year he hopes to collect 1000 pairs of new socks. Please join us in supporting Snack Man and this wonderful cause.



## FAMILIES SERVED IN FEBRUARY

Households Served: 2,518 (Including 327 New) Individuals: 7,450 (including 2,047 Children & 1,664 Seniors) Meals Given: 111,750 Pounds of Food Given Out: 300,000